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HARBOR LIGHTS

• SCUTTLEBUTT •

June • 2015

**Issue 4
39th Year**

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Golden Gate. Check out those shirts...**



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Important Phone Numbers



NON EMERGENCIES

St. Petersburg Police Dept. 893-7780
 St. Petersburg Fire Dept. 893-7694
 Pinellas County Sheriff 582-6200
 Florida Highway Patrol 570-5010



Emergency - 911



UTILITIES

Bright House Customer Service 329-5020
 Knology Sales 239-0211
 Service (866) 745-3685
 Progress Energy Service (800) 700-8744
 Power Outage (800) 228-8485
 Verizon Service (800) 483-4000
 Directory Assistance 411

PUBLIC OFFICES

DMV-Tags, Driver's License
 1800 66th St. N., St. Petersburg 464-7777
 St. Petersburg Chamber of Commerce 821-4069
 St. Petersburg City Hall 893-7171
 St. Petersburg Post Office (800) 275-8777
 St. Petersburg Main Library 893-7724
 Social Security Administration (800) 772-1213



HOSPITALS

Bay Pines VA	10,000 Bay Pines Blvd., St. Petersburg, 33708	398-6661
Bayfront Medical Center	701 6th St. S., St. Petersburg 33701	823-1234
Largo Medical Center	201 14th St. SW, Largo 33770	588-5200
Morton Plant	300 Pinellas St., Clearwater 33756	462-7000
Northside	6000 49th St. N., St. Petersburg 33709	521-4411
St. Petersburg General	6500 38th Ave. N., St. Petersburg 33710	384-1414



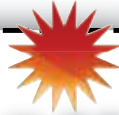
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24 ★ ASC 547-8300 21

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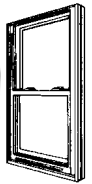
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(minimum 6 windows)

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11 ★

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Did You Know About These Great Monthly Media Services?

Summer Mailings - If you are heading north for the summer but still want to receive a printed copy of your monthly newsletter, just call our office and sign up for Monthly Media's Summer Mailing Service. We will ship (USPS 1st Class) a printed copy of each month's newsletter to your northern address, for as long as you're away, the cost is \$4 per month. Dozens of residents are already taking advantage. Please see our brightly colored insert for more information.

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are located the bottom of this page.



Emporium/Classified Listing - Do you have an event in your community such as a Bake Sale or Flea Market? An item for sale like an old set of golf clubs that needs to go? Help needed or vendors wanted for an event? Maximize the people that see your listing and use the Emporium! Your listing will be printed & delivered to over 20,000 homes in Pinellas County. See the Emporium page toward the end of the newsletter for more info.



Larger Print Newsletters - At the request of some residents we are now offering Larger Print Newsletters to those who request them. The newsletter type will be approximately 20% larger (16 pt article body type vs. 12 pt normally). There is a small service charge of \$2 per newsletter for those who request. The larger type newsletters can either be delivered to you every month like they are now or we can mail them directly to your home for an additional \$2 per issue shipping charge. Please call Monthly Media (phone number listed below) for more information.



Monthly Media
PO Box 1023 • Venice, FL 34284
info@monthly-media.com • 727-484-7488





ADDITIONS AND CORRECTIONS:

Additions: McEntire, J. Patricia (Pat) – 9240 50th Ave. North
Landry, Pierre and Louise - 4821 92nd St. North
Sheldon, Dean and Dorothy - 9210 50th Ave. North

Delete: Rita Merrell
Don Dennison
Marion Holladay
Cmiel, John – 9210 50th Ave. North
Parke, Den and Elaine



Deceased: Don Gartland
Harriet Strampe – 4902 91st Lane

TRAVEL:

The trip to St. Augustine has been cancelled due to lack of interest.

The Miccosukee Resort and Casino for 2 nights with a day-trip to Key West for Feb 22nd –24th is in danger of being cancelled also. If you are interested please call Advantage Cruises 727-576-4010 or toll free 1-866-824-1613, be sure and mention Harbor Lights.

THE MADEIRA BEACH OPEN AIR MARKET:

Madeira Way, Wednesdays 10am to 2pm- This is held every Wednesday during April-July.



MID-MONTH SUNSET MARKET:

Madeira Way and Archibald Park, no starting date mentioned. Look for advertisement at Madeira Beach.



HARBOR LIGHTS CHRISTMAS EXTRAVAGANZA:

Veterans tree: Rosemary McGrath has 2 more volunteers to help with this worthwhile project: Arlene Kowalchuk and Judy Halker.

Thank you ladies, it is volunteers such as you that make our various activities and endeavors such a success. Please remember the sale needs jewelry and craft items. Date December 5th.

TELEPHONE DIRECTORY:



Please contact Diane Piscopo with any corrections or additions.

Directory will be distributed in early November. Deadline is Mid-October. Phone to leave a message 727-391-1746. e-mail: diane102343@verizon.net

A Bit of Humor: HOLIDAY INN

No nursing home for us. We will be checking into a Holiday Inn.

With the average cost for a nursing home care costing \$188.00 per day, there is a better way when we get old and too feeble. I've already checked on reservations at the Holiday Inn. For a combined long term stay discount and senior discount, it's \$59.23 per night.

Breakfast is included, and some have happy hours in the afternoon. That leaves \$128.77 a day for lunch and dinner in any restaurant we want, or room service, laundry, gratuities and special TV movies. Plus, they provide a spa, swimming pool, a workout room, a lounge and washer-dryer etc. Most have free toothpaste and razors, and all have free shampoo and soap.

\$5.00 worth of tips a day and you will have the entire staff scrambling to help you. They treat you like a customer, not a patient. City bus out front, seniors ride free. Handicap bus will also pick you up if you fake a limp. To meet other nice people, call a church bus on Sundays. For a change of scenery, take the airport shuttle bus and eat at one of the nice restaurants there. While there fly somewhere, otherwise your cash keeps building up.

It takes months to get into a decent nursing home, Holiday Inn will take your reservation today. You are not stuck in one city forever—you can move from place to place or even city to city. Want to see Hawaii? They have a Holiday Inn there too.

TV broken? Light bulbs need changing? Need a mattress replaced? No problem.. They fix everything, and apologize for the inconvenience. The Inn has night security person and daily room service. The maid checks to see if you are ok. If not, they'll call an ambulance...Or the undertaker.

...continued on page 8



If you fall and break a hip, Medicare will pay for the hip, and Holiday Inn will upgrade you to a suite for the rest of your life. And no worries about visits from the family. They will always be glad to find you, and probably check in for a few days mini-vacation. The grand-kids can use the pool. What more could I ask for?

ENJOY THE POOL AND THE BEACH - HAVE A GREAT SUMMER



June Sudoku

	7	9	5		2				1			b		e
				c					2	6	1	a	3	
	3		2			1				7		d	c	
										b				f
				a	b		f		c		1	2		g
		5		9	4					d			1	
8	a				1	6	d		g			f		
9		7		2	8	5			4					
					e		c					2		5
b	5		8	4		2				d		3	7	
					6			4		e	a	f		
d		e	a			7			5	9	4		6	
		3				d		9				c	e	a
c		d	6			f				3				
5		8	7	6	3		f		a		9		1	
		b		7				e	g			8		

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a	2	b	1	7	c	9	4	6	e	g	5	3	8	d	f
5	e	8	7	6	9	3	2	f	d	a	c	9	4	1	b
c	9	d	6	e	a	f	8	1	b	3	4	g	5	2	7
f	4	3	9	1	5	d	7	8	6	c	e	a			
d	e	a	8	3	7	1	2	5	b	9	4	6	g	c	
7	c	2	9	d	6	4	3	1	e	a	f	8			
b	5	9	8	4	6	2	7	g	e	d	c	3	7	1	
1	6	4	3	f	8	7	5	4	3	1	e	a	f	8	
6	5	9	d	7	8	6	4	3	1	e	a	f	8		
8	a	c	b	3	1	6	2	7	g	e	d	c	3	7	1
3	d	6	4	7	8	5	9	2	f	g	1	2	7	8	9
9	8	1	c	5	d	4	e	b	7	9	f	2	7	8	9
6	7	5	9	2	a	3	d	1	c	f	8	b	4	e	



Summer Time

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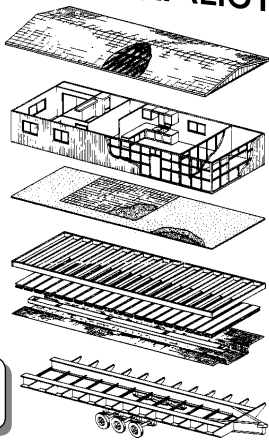
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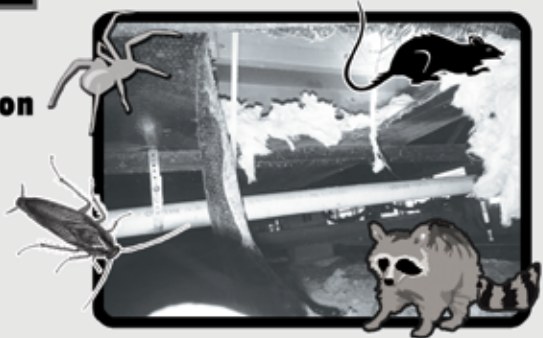


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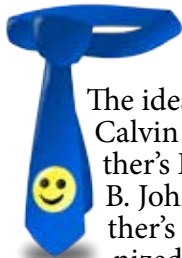
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Here's to you, dad: The start of Father's Day

Father's Day started with a dedicated woman: Sonora Smart Dodd, the daughter of a widowed Civil War veteran who had raised her on his own. Dodd came up with the idea for a special day celebrating fathers when listening to a Mother's Day sermon in 1909. She held her own special tribute for her father on June 19, 1910, in Spokane, Wash., and began a campaign for an official celebration thereafter.



The idea of Father's Day initially met with some skepticism, but in 1919, President Calvin Coolidge expressed support for the holiday, and in 1926 a National Father's Day Committee was formed in New York City. In 1966 President Lyndon B. Johnson signed a proclamation designating the third Sunday in June as Father's Day, but it wasn't until 1972 that President Richard Nixon officially recognized it as a national holiday.

Loyalty to country, always. Loyalty to government, when it deserves it.

—Mark Twain



Quick zingers and fast chuckles

Need to get a laugh in a hurry? Try some of these handy one- or two-liners:

- Explaining puns to kleptomaniacs is hard because they always take things literally.
- I used to think the brain was the most important organ. Then I thought, "Look where that idea comes from."
- A dwarf fortune-teller who kills his customers might be known as a small medium at large.
- Did you hear about the dyslexic devil worshipper who sold his soul to Santa?
- During a prison break I saw a dwarf climb over a wall. As he jumped down he sneered at me, and I thought, "That's a little condescending."
- A blind man walks into a bar. And a table. And a chair.
- You never see a hippopotamus hiding in a tree. They must be really good at it.

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Danger at home: Keep your children and grandchildren safe

The home can be a dangerous place, especially for young children. Most household accidents are avoidable, though, with some commonsense precautions. Safe Kids Worldwide, a global organization providing safety information aimed at preventing accidents and injuries to children, shares these tips for keeping your family healthy and safe:

- Bathroom. Don't leave children alone in the bath, or anywhere near water.
- Hallways. Install smoke and carbon monoxide detectors, and check their batteries at least every six months to ensure they're working properly.
- Bedrooms. At bedtime and nap time, remove any blankets, pillows, stuffed animals, and toys from your baby's crib to prevent accidental suffocation. Make sure your baby sleeps alone and on his or her back.
- Staircases. Put up safety gates to keep children from tumbling down staircases. Install similar gates for every window a child might reach.
- Medicine chest. Store all medicine in cabinets above the reach of children, and lock cabinets they might get into. Keep track of any medication you might carry in your purse or briefcase.
- Living room. Install brackets and braces to secure bookshelves and other furniture against accidental tipping. Secure television sets to the wall or place them on low platforms.
- Kitchen. Use the back burner of your stove when cooking with children present. Turn pots and pans so that their handles face away from the edge, out of reach from tiny hands. Store household cleaners in high cabinets and shelves, or lock lower cabinets to keep children out.



Keep kids safe from bugs during summer months

As summer comes, so do the bugs. And some of those bugs can bite. Follow these guidelines from the American Academy of Pediatrics to protect your children from getting stung or bitten:

- Avoid using scented soaps, hair sprays, and perfumes on your child. The scents can draw insects and bugs and increase your child's risk of being bitten.
- Stay away from nests or places bugs might congregate. This includes stagnant pools of water, areas where uncovered foods are abundant, and gardens where flowers are blooming.

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	1 9:00am - Bocce	10:00am
7	8 9:00am - Bocce	10:00am
14	15 9:00am - Bocce <i>Flag Day</i>	10:00am
21	22 9:00am - Bocce <i>First Day of Summer Father's Day</i>	10:00am
28	29 9:00am - Bocce	10:00am

Harbor Lights

Tuesday	Wednesday	Thursday	Friday	Saturday																																										
2 m - Aquacise	3	4 10:00am - Aquacise	5 9:00am - Bocce 9:30am - Bus to Shop	6																																										
9 m - Aquacise	10	11 10:00am - Aquacise	12 9:00am - Bocce 9:30am - Bus to Shop	13																																										
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Scientists delve deep into the heart of the world

Jules Verne's *Journey to the Center of the Earth* described an inner world of jungles, seas, and dinosaurs. The reality is quite different, but no less interesting to scientists, and it's changing all the time.

The latest discovery about the nature of the Earth's core comes from a professor at the University of Illinois at Urbana-Champaign. The inner core, about 3,000 miles beneath the world's crust, actually contains a second core about half the radius of the outer one. This inner core contains iron crystals, which are oriented in an east-west alignment. The outer inner core's crystals align north-south, although they appear to have flipped several times in the distant past.

Scientists liken the twin cores to the rings on a tree, which allow researchers to peer directly into the past. The discovery could provide important clues to the formation and development of our world.



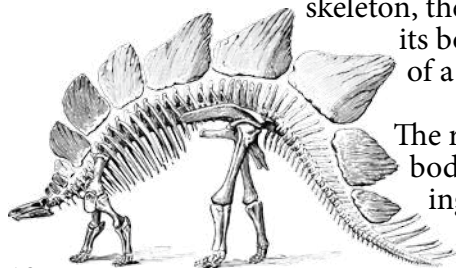
'New' solar system is the oldest ever found

The oldest solar system in our galaxy is 11.2 billion years old, according to data from NASA's Kepler space telescope. By comparison, our home solar system is about 4.5 billion years old. The new find is about 117 light-years from Earth, with five Earth-sized planets in an orbit too close to their star to allow for life. But the discovery of a solar system's formation only a few billion years after the Big Bang some 13.8 billion years ago suggests that life could have proliferated throughout the cosmos much earlier than scientists previously believed.

Sophie the Stegosaurus steps on the scale (sort of)

How much did the dinosaurs weigh? That question has been answered—at least for one specimen at London's Natural History Museum.

Sophie the Stegosaurus is about 150 million years old, and was discovered in 2003 by paleontologists in Wyoming. It now resides at the British museum, its skeleton 85 percent intact. According to the Yahoo News website, British researchers created a 3-D digital version of the skeleton, then calculated the amount of flesh it would have had around its bones, and compared that with data from modern animals of a similar size.



The result? Sophie tipped the scales at about 1.6 tons, with a body mass roughly equivalent to a small rhinoceros. Knowing its weight will allow paleontologists to learn more about stegosaurus metabolism, food needs, and growth rate.

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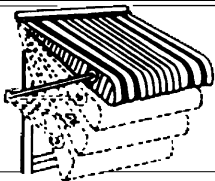
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June Facts and Trivia

Basic Facts

- June is named for the Roman goddess Juno. The month of June is a popular month for weddings, perhaps because Juno was the goddess of marriage.
- In ancient Rome, June was the fourth month of the year. When the Gregorian calendar was adopted, it became the sixth month of the year. It is one of the four months with thirty days.

Birthstones

- The traditional birthstone for June is the pearl. It is a symbol of purity and is the only gem that comes from living sea creatures.
- Alexandrite is an alternate birthstone for June. This unique gemstone changes color depending on the lighting conditions. It is greenish brown in color when exposed to daylight and fluorescent light, but changes to a purple, reddish hue by incandescent or candlelight. It is a symbol of joy and good fortune.
- Another alternate birthstone for June is moonstone. It is considered a sacred stone in India. Moonstone varies in color from clear to bluish white or peach. It is a symbol of health and longevity.

Flower



- The flower for the month of June is the rose. Roses are a symbol of love and appreciation. They are also known as the flower of passion.
- Roses come in a wide variety of colors. Each color has a different meaning. Red roses symbolize love; white roses symbolize innocence and purity, and light pink roses are a symbol of admiration or sympathy.

Astrological Signs

Gemini and Cancer are the astrological signs for June. Birthdays from June 1st through the 20th fall under the sign of Gemini. June 21st through the 30th birthdays fall under the sign of Cancer.

Historic Events in June

- Benjamin Franklin discovered electricity on June 15, 1752.
- Continental Congress adopted the United States flag known as the Stars and Stripes on June 14, 1777.
- The Pledge of Allegiance was recognized by Congress on June 22, 1942.
- The Korean War began on June 25, 1950.



Famous People Born in June

Many famous people were born in June. Here are just a few of them.

- One president: George H.W. Bush
- Several actors and actresses: Tim Allen, Courtney Cox, Johnny Depp, Michael J. Fox, Angelina Jolie, Nicole Kidman, Toby Maquire, Marilyn Monroe, and Meryl Streep
- Singers/Musicians: Paul McCartney and Lionel Ritchie
- Athletes: Joe Montana, Michael Phelps and Venus Williams



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Know Your Organs: The Gallbladder

The gallbladder is a small, pear-shaped organ located beneath the liver and next to the pancreas. You may not give it a lot of thought—until it starts malfunctioning. Then it can cause pain and serious health problems.

The gallbladder stores a substance called bile, or gall, that comes from the liver and helps to digest fat. The main problem that can arise is the formation of gallstones, which can be as small as a grain of sand or as large as a golf ball. They affect both men and women, and may occur as a single large stone or a group of small ones. What causes them is unclear, though they're more common in people with excessive body fat around the waist, and in those who have lost weight very quickly. The risk of gallstones increases as you age, particularly among women as they approach menopause and everyone after age 40.



You may have gallstones for years without noticing them, regardless of their size or number. But during a gallstone attack, patients can experience sharp pain in the upper right side of the abdomen, along with nausea and vomiting. Attacks tend to occur at night, often after a large meal with lots of fat, as well as after drinking alcohol.

Gallstones are treated in a number of ways: Some people take an acid orally which dissolves the stones gradually, although they may reappear once the treatment is stopped. Otherwise, they can be broken up with ultrasonic shock waves or removed by surgery in serious cases.

Be on the lookout for these symptoms:

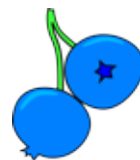
- Sudden severe pain in your upper right abdomen, lasting from 30 minutes to several hours.
- Pain in your right shoulder blade or under your right shoulder.
- Indigestion after eating desserts, fried foods, or foods high in fat or protein.

See a doctor immediately if abdominal pain lasts five hours or more, if you experience nausea, vomiting, fever, or chills, if you have a yellowish color in your skin or in the whites of your eyes, or if you have light-colored stools or dark urine.

Keep Your Heart Healthy With The Right Food Choices

The food you eat can make a big difference to your health, especially in matters of the heart. You can keep your heart ticking to a ripe old age by adding these foods to your diet:

- Tomatoes. A good source of vitamin C, vitamin A, potassium, and fiber, tomatoes also contain lycopene, an antioxidant that may help to lower bad cholesterol, keep blood vessels open, and lower the risk of heart disease. For best results, serve cooked tomatoes in stews, soups, and sauces.
- Blueberries. Blueberries contain antioxidants called anthocyanins, which may reduce blood pressure by relaxing blood vessels. One cup has only 80 calories, and they add fiber and vitamin C to your daily diet.



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One latte mystery finally solved

Maybe you've never noticed that your latte is a whole lot less likely to slosh over the side of your cup than regular coffee. If so, you're not a physicist with too much time on your hands, apparently. The Sci-News website reports that scientists at Princeton University explored the phenomenon by creating a narrow glass container, filling it with a solution of water, glycerol, and a commercial dishwashing detergent. Then they injected a stream of air through the container's bottom to create layers of bubbles like the foam in a latte.



In the resulting experiment, the scientists used two specific types of movements, a side-to-side jolt and a steady back and forth rocking motion. They discovered that five layers of the foam managed to decrease the waves created by the movement by a factor of 10. More layers didn't have any additional effect on the sloshing. Then, presumably, they went out for coffee.

On the serious side, Sci-News notes that the work may help to develop better techniques for transporting large amounts of fluid with minimal spillage.

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Eat Better to Spur Creativity

Some great artists and writers are known to have used drugs or alcohol to seek inspiration, but you don't have to risk your health when you need a creative boost. The Medical Daily website suggests trying some of these foods to help stimulate the brain:

- **Fruit.** Fruits have lots of an amino acid called tyrosine, which helps synthesize proteins and may influence your ability to think deeply. In one study, students performed better at completing puzzles when they drank orange juice strong with tyrosine.



- **Chocolate.** The flavanols in chocolate may enhance short-term cognitive skills, according to one British study, because flavanols boost the amount of oxygen in the brain. Try a cup of hot cocoa before you need to be at the top of your mental game.

- **Carbohydrates.** Carbs deliver a quick dose of glucose to your body and brain, providing aid to concentration and memory. Potatoes, oatmeal, and other carbs may have a beneficial effect on brain function.

- **Walnuts.** Rich in omega-3 fatty acids, walnuts can help memory and increase brain function, according to the journal *Plant Foods for Human Nutrition*. The results of one study showed that rats given a diet of raw walnuts for 28 days showed better learning and memory than rodents on another diet.



Money Matters

Try these smart shopping tips at the grocery store

Everyone wants to stretch his or her food dollars. You don't have to live on ramen noodles and cold cereal three times a day to do it. Here are some tips for savvier shopping at the store:

- Don't fall for fancy displays. Items stacked at the end of the aisles, like sodas, aren't necessarily on sale. The display can make them seem like they're marked down, but often they're still regular price.

- Remember that you pay for convenience. Skinless chicken breasts cost more than those packaged with skin. The same applies to the pre-cleaned and cut carrot sticks. In both cases, they're a little more expensive. Decide whether the convenience is worth the extra money.

- Try the store brands. If you compare the contents and nutritional value of name-brand versus no-brand items, you'll often discover that they're almost identical. In many cases, they're made in the same plant and just packaged with the store label.

- Use coupons. How often have you clipped coupons only to allow them to expire? Develop a system that will ensure you remember and use them.





Where there's a will, you need a plan

It sounds like the setup for a joke: A rich uncle dies and leaves you a fortune. But what happens next in real life? A financial windfall, large or small, needs to be managed well. Here are some tips on what to do if you come into some money:

- Stash it away. Put the money away for at least six months. Trying to decide what to do with the money too soon after a relative's death may lead to questionable decisions. Put it into a money market or savings account for a little while.
- Assess your debt situation. Before you decide to invest or buy something with the money, determine whether the funds would be better spent wiping out any debt you may have.
- Seek advice. If you receive more than \$20,000, consider hiring a financial advisor who can tell you how to gain the largest or safest return on your investments.



Fly Old Glory with pride on Flag Day

Flag Day became an official national celebration in 1916, when President Woodrow Wilson proclaimed June 14 Flag Day to commemorate the adoption of the Stars and Stripes by the Second Continental Congress on that day in 1777.

The idea of setting aside a special day to celebrate the U.S. flag wasn't new, though. One of the earliest observances of Flag Day occurred in Hartford, Conn., in 1861, at the suggestion of George Morris, to pray for the preservation of the Union at the beginning of the Civil War.

In 1885, a Wisconsin schoolteacher named Bernard J. Cigrand held a formal observance of what he called "Flag Birthday" at his school. Cigrand went on to become a passionate promoter of Flag Day, delivering more than 2,000 speeches on the subject, and he is generally considered to be the "Father of Flag Day."

In 1914, Secretary of the Interior Franklin K. Lane delivered a Flag Day speech in which he said the flag had spoken to him that morning: "I am what you make me; nothing more. I swing before your eyes as a bright gleam of color, a symbol of yourself." In 1949, President Harry Truman signed an Act of Congress formally establishing June 14 as National Flag Day.



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(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

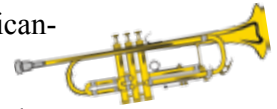
Winifred Ruggeri	\$100.00	O.E. Wilson Insurance, Inc.	Ruth Wiles.....	\$5.00	Royal Enterprise
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• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.



Monthly For June

African-American Music Appreciation Month. A celebration of African-American music in all forms. In June of 2011, President Barack Obama proclaimed, “African-American musicians, composers, singers, and songwriters have made enormous contributions to our culture by capturing the hardships and aspirations of a community and reminding us of our shared values.”



Child Vision Awareness Month. Children’s vision challenges can be difficult to detect because they may not know they see the world differently than other children. Infants and children should have regular eye exams to ensure that they can see both near and far away, confirm that their eyes work together to focus on a single object, and treat eye diseases early.



National Zoo and Aquarium Month. A good time to explore your local zoo and aquarium. Many have excellent educational resources—photographs, videos, lesson plans, and other activities. Go to the website of the Association of Zoos and Aquariums for links to its accredited zoos and aquariums.

National Scoliosis Awareness Month. A yearly campaign with the goal of highlighting the growing need for education, early detection, and awareness about scoliosis and its prevalence within the community. The campaign unites scoliosis patients, families, physicians, clinicians, institutions, and related businesses in local activities, events, and grassroots networking throughout the month of June.

Daily For June



National Running Day, June 4. Longtime runners reaffirm their love of running and beginners can kick off a lifetime and life-changing commitment.



World Oceans Day, June 8. A day to celebrate the world’s oceans and support action to protect them.



Flag Day, June 14. A patriotic celebration of the flag of the United States of America, a symbol of freedom and hope around the world.

Magna Carta Day, June 15. Date of the signing of the Magna Carta by King John of England, an important document in the history of political freedom.

Father’s Day, June 21. Tell dad how much you appreciate everything he’s done for you.

Take Your Dog to Work Day, June 26. Take your loyal canine companion to the office with you for a day (but check with your boss first).



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