



OFFICE: 800 Main Street • Dunedin • FL 34698 • (727) 734-0990

GOLDEN CREST

• BULLETIN •

June • 2023

**Issue 4
47th Year**

Summer Is Here!

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Golden Crest Mobile Home Community Recreation Committee Members for 2023-24 800 Main Street, Dunedin, Florida, 34698

Recreation Board Members for 2023-24

Chair	Karen Payne
Vice Chair	Denise Lieber
Director	Deb Krysa
Director	Brie Sopko
Director	Louise Germinario
Secretary	Patricia Vincent
Treasurer	Jacque DiPego

Golden Crest Volunteers

Changes:

Bulletin Board (inside).....	Deb Jardine
Bulletin Board (outside).....	Denise Lieber
Clubhouse Properties	Marquis Guimond
Rummage Sale	Karen Payne

Golden Crest Homeowners Association 2023-24

President	Bob Summerville
Vice President	Garry Snavely
Secretary	Rob Payne
Treasurer	Eloise Blanchard
Director	Ruth Juntune
Director	Leo Watson
Director	Ed Toukko



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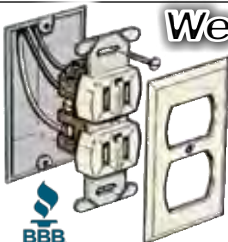
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Golden Crest Birthdays for June, 2023

1 Betty Smay	333	22 Stephen Mattson	462
1 James Lavoie	401	22 Ruth Barber	381
2 Robert Feaver	329	22 Tina Hayslett	437
4 Kathy Smith	465	22 Lois Osendorf	321
4 Nancy Ferreri	375	24 Margaret Wells	306
4 Cynthia Greenwood	366	24 Patricia Zabkowicz	438
7 Anne Carter	446	25 PeiTsz Goessel	384
7 Mike Kane	410	25 Robert Johnson	420
8 Nicki Quist	327	25 John Micciariello	315
11 Irene Zuczek	346	28 Deborah Consolo	419
13 Carol Aldrow	339	28 Jonathan Schaefer	416
13 Zelda Davidson	364	30 Teresa Cunningham	303
14 Jill Garvey	325		
14 Joseph Moreli	334		
15 William Abell	458		
17 Diane Crawbuck	372		
17 Kathy Robbins	467		
17 Jeffrey Weixlmann	404		
20 Elizabeth Carlson	425		
20 Sharon Gabriel	460		
20 Jeanne Scaffardi	337		
21 Teresa Parker	454		

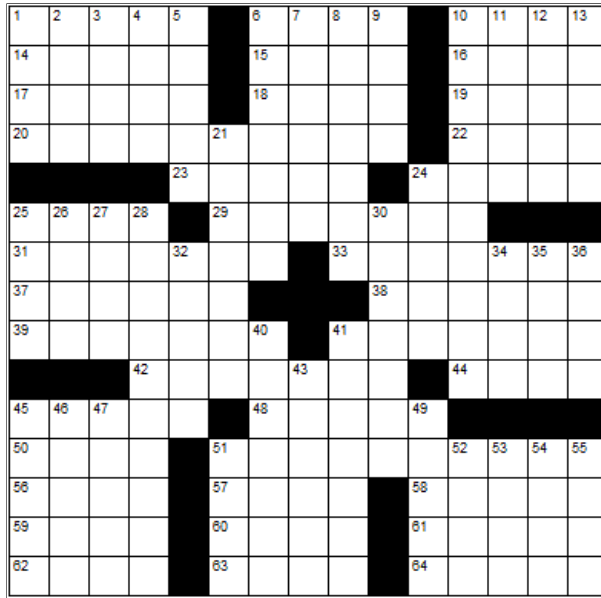


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ACROSS

- 1. Horde
- 6. Taxis
- 10. Annoyance
- 14. Infantile paralysis
- 15. Affirm
- 16. Assess
- 17. Grain disease
- 18. Hindu princess
- 19. You bake with it
- 20. Enduring
- 22. Liquefy
- 23. Grin
- 24. Public transit vehicles
- 25. Terminates
- 29. "Hush!"
- 31. Spotted feline
- 33. Cuddle
- 37. Ravel classic
- 38. Trader
- 39. Intestinal
- 41. Type of pony
- 42. Heat-related

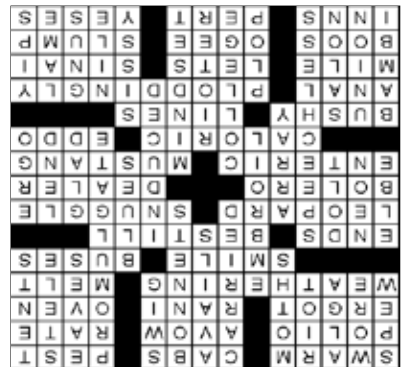


DOWN

- 44. Poi source
- 45. Thick-growing
- 48. They connect points
- 50. Nitpicky to a fault
- 51. In a slow, laborious manner
- 56. 5280 feet
- 57. Allows
- 58. Red Sea peninsula
- 59. Sounds of disapproval
- 60. Curved molding
- 61. Economic down time
- 62. Hotels
- 63. Flippant
- 64. Affirmatives
- 1. Gush forth
- 2. Had on
- 3. Seaweed
- 4. Violent disturbance
- 5. Wool eaters
- 6. Toted
- 7. Services
- 8. Types of hat
- 9. Large and hurried swallow
- 10. Proclaim
- 11. Roof overhangs
- 12. Inscribed pillar
- 13. Canvas dwellings
- 21. Involve deeply
- 24. Music genre
- 25. River to the North Sea
- 26. Used in advertising signs
- 27. Buffoon
- 28. Too shocked for words
- 30. Brought on
- 32. Impressive display
- 34. Happy
- 35. Extend credit
- 36. Therefore
- 40. Place of higher learning
- 41. Way of thinking
- 43. Violent troublemaker
- 45. Famous baby deer
- 46. Labor organization
- 47. Beauty parlor
- 49. Pantywaist
- 51. Raindrop sound
- 52. Egyptian river
- 53. Wildebeests
- 54. Hardly believable
- 55. Puppy sounds



June
Crossword



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June Calendar

Monthly

Adopt-A-Shelter-Cat Month. June 1–30. To promote the adoption of cats from local shelters, the ASPCA sponsors this important observance. For more information, browse www.aspca.org.

Cancer From the Sun Month. June 1–30. To promote education and awareness of the dangers of skin cancer from too much exposure to the sun. For more information, browse www.ppsinc.org.

Gay and Lesbian Pride Month. June 1–30. Observed this month because on June 28, 1969, the clientele of a gay bar in New York City rioted after the club was raided by police. The event became known as the Stonewall Riot.

June Is Perennial Gardening Month. June 1–30. June is the perfect month to celebrate the versatility and beauty of perennial garden plants. For gardening tips on how to keep your perennial garden beautiful all season long browse, www.perennialplant.org.

Weekly

Stepparents' Week. June 1–7. To recognize the courageous souls who flaunt convention and plow forward, even when considering that in the 90s, 50 percent of all marriages ended in divorce and 67 percent of second marriages ended in divorce. For more information, e-mail la_koop@yahoo.com.

National Headache Awareness Week. June 4–10. To educate the public about the reality and severity of headache pain as a legitimate biological disease. For more information, call 312.276.2650

Daily

National Cancer Survivors Day. June 4. To honor survivors who are living with and beyond cancer. For more information, browse www.ncsdf.org.

Flag Day. June 14. A day to honor America and the flag.

Recess At Work Day. June 15. At 11 a.m., shut down all computers for 30 minutes and let all your workers go outside and play. For more information, browse www.recessatworkday.com.

Father's Day. June 18. To celebrate fathers everywhere.

Take Your Dog to Work Day. June 23. To celebrate the great companions dogs make and to encourage adoptions from animal shelters. For more information, browse www.petsit.com.

National Handshake Day. June 28. Get a grip on a professional handshake today! For more information, browse www.brodycommunications.com



On vice

It has been my experience that those with no vices have very few virtues.

— Abraham Lincoln



HAPPY FATHER'S DAY

We Need Cover Pictures! Send in Your Interesting Photos!

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here:



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How a little imagination changed the way we shop

A little story about imagination.

Before supermarkets existed as we know them, going to the grocery store used to be a totally different experience. In the old days, customers walked in and told a clerk what they wanted. Then the clerk set to the task of compiling the order for the customer.

Clarence Saunders made his living as a grocery store clerk in a small Southern town. He had never made more than \$20 a week.

One day he stood in line at a cafeteria carrying a tray, waiting to select his food. Clarence Saunders had always seemed like an ordinary man — nothing in him so far had indicated that he had any unusual abilities.

But that day, as he stood in line, something happened. In his mind two ideas collided. His imagination took off and he took the “self-help” idea of the cafeteria and applied it to a grocery store — and thus was born the Piggly-Wiggly chain of grocery stores.

Clarence Saunders, the \$20 a week clerk became a millionaire. And grocery shopping was forever changed. — adapted from *The Law of Success in Sixteen Lessons*, by Napoleon Hill



An unexpected conversation

A class of MBA students took a field trip away from their university. On the bus ride on the way back to the school after the trip, the driver pulled over at a rest stop. Most of the MBA candidates had been partying heavily the night before. One first year student, headed for the first stall in the restroom.

As soon as he entered the stall, the man in the next stall said, “Hi, there. How’s it going?”

The first-year student thought it was odd that the man in the next stall wanted to start a conversation, but he thought, “Who knows, this guy might be one of the facilitators at school, one who might be giving me a grade in the near future.”

He felt silly talking through the stall wall, but he answered, “Not bad.”

Then the man in the next stall said, “What are you doing?”

The intimidated student answered, “Well, we’re all headed back to school from the field trip, right?”

To which the man in the next stall said, “Look. I’ll have to call you back. Every time I say something, some genius in the next stall keeps answering me.

— adapted from the Chicago Business Online Web site



On bad memory

The advantage of a bad memory is that one enjoys several times the same good things for the first time.

— *Friedrich Nietzsche*

Quotable Humor



On lifestyle

I hate to advocate drugs, alcohol, violence or insanity to anyone, but they've always worked for me.

—**Hunter S. Thompson**

Gambling

There are two times in a man's life when he should [gamble]: when he can't afford it and when he can.

—**Mark Twain**

There are two great pleasures in gambling: that of winning and that of losing.

—**French saying**

On business

My own business always bores me to death; I prefer other people's.

—**Oscar Wilde**

On early recyclers

Thanks to my mother, not a single cardboard box has found its way back into society. We receive gifts in boxes from stores that went out of business 20 years ago.

—**Erma Bombeck**

On fathers

My father told me all about the birds and the bees, the liar—I went steady with a woodpecker till I was 21.

—**Bob Hope**

My father taught me to work; he did not teach me to love it. I never did like to work, and I don't deny it. I'd rather read, tell stories, crack jokes, talk, laugh—anything but work.

—**Abraham Lincoln**

She got her good looks from her father. He's a plastic surgeon.

—**Groucho Marx**

A father is someone who carries pictures in his wallet where his money used to be.

—**Anonymous**

On common sense

Sometimes the road less traveled is less traveled for a reason.

—**Jerry Seinfeld**

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JUNE 2023

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				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



Dunedin Downtown Market

420 Main Street
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Every Fri. and Sat. from 9am to 2pm

Safety Harbor Farmers Market

John Wilson Park
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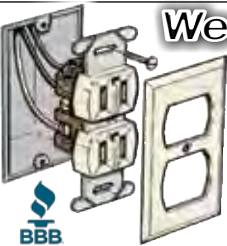
Every Sunday from 10am to 3pm

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adapt
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- Pessimist: You refuse the parachute because you might die on the jump anyway.
- Optimist: You refuse the parachute because people have survived crashes just like this before.
- Procrastinator: You play a game of Monopoly for the parachute.
- Bureaucrat: You order them to conduct a feasibility study on parachute use in multi-engine aircraft under code red conditions.
- Lawyer: You charge one parachute for helping them sue the airline.
- Internal Revenue Service: you confiscate the parachute along with their luggage, wallet, and gold fillings.
- Advertiser: You strip-tease while singing that what they need is a neon parachute with computer altimeter for only \$39.99.
- Engineer: You make them another parachute out of aisle curtains and dental floss.
- Scientist: You give them the parachute and ask them to send you a report on how well it worked.
- Mathematician: You refuse to accept the parachute without proof that it will work in all cases.
- Philosopher: You ask how they know the parachute actually exists.
- English major: You explicate simile and metaphor in the parachute instructions.
- Comparative Literature student: You read the parachute instructions in all four languages.
- Psychoanalyst: You ask them what the shape of a parachute reminds them of.
- Actor: You tie them down so they can watch you develop the character of a person stuck on a falling plane without a parachute.
- Artist: You hang the parachute on the wall and sign it.
- National Rifle Association member: You shoot them and take the parachute.
- Environmentalist: You refuse to use the parachute unless it is biodegradable.
- Auto Mechanic: As long as you are looking at the plane engine, it works fine.
- Tobacco Grower: You explain very patiently that despite a number of remarkable coincidences, studies have shown no link whatsoever between airplane crashes and death.

—from quotesandjokes.com

On kinds of people

There are three kinds of people — those who can count and those who can't.
— *Anonymous*



Actual excerpts from classified sections of city newspapers:

- Illiterate? Write today for free help.
- Auto Repair Service. Free pick-up and delivery. Try us once, you'll never go anywhere again.
- Our experienced Mom will care for your child. Fenced yard, meals, and smacks included.
- Dog for sale: Eats anything and is fond of children.
- Man wanted to work in dynamite factory. Must be willing to travel.
- Stock up and save. Limit: One.
- Mixing bowl set designed to please a cook with round bottom for efficient beating.
- For sale: Antique desk suitable for lady with thick legs and large drawers.
- Now is your chance to have your ears pierced and get an extra pair to take home, too.
- We do not tear your clothing with machinery. We do it carefully by hand.
- Great Dames for sale.
- Tired of cleaning yourself. Let me do it.
- Vacation Special: Have your home exterminated.
- Used Cars: Why go elsewhere to be cheated. Come here first.
- Wanted. Man to take care of cow that does not smoke or drink.
- Our bikinis are exciting. They are simply the tops. — adapted from quotesandjokes.com



You know you're on technology overload when...

- You enter a password in the microwave.
- It's been 10 years since you've used a real deck of cards to play solitaire.
- You have an entire page of phone numbers to reach your immediate family members.
- You have a daughter peddling Girl Scout cookies on the Web.
- A week after you buy your new computer, it's been declared obsolete and is being sold at half the price.
- Your excuse for not staying in touch with others is because you don't have their e-mail addresses. — adapted from the Business Café Online Web site



On poverty

Another good thing about being poor is that when you are 70 your children will not have declared you legally insane in order to gain control of your estate.

—Woody Allen

They say it is better to be poor and happy than rich and miserable, but how about a compromise like moderately rich and just moody?

—Princess Diana

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Need to clean — go green

If you feel like you're spending too much money on store-bought cleaners, maybe you should try making some of your own. Sound complicated? It's not. You can make homemade cleaners easily, and you won't have to worry about the toxins that are part of so many store-bought cleaning products.

Most homemade cleaners can be made from things that are readily available in households, or at least in your local grocery store. You might be impressed with the results of your cleansers. Here is a list of basic ingredients that will help get you started:

- Baking soda
- Vinegar
- Water
- Lemon juice
- Ammonia
- Salt
- Vegetable or olive oil
- Club soda
- Isopropyl alcohol
- Toothpaste
- Spray bottles



When you make your own cleansers, mix them in a well ventilated area. Label all containers and store them safely. Don't reuse old containers from other cleaners. And remember, never mix bleach and ammonia. Spot test your cleanser before you use it.

Club soda does a wonderful job of cleaning linoleum floors. And vinegar added to the rinse cycle works as a fabric softener. Toothpaste is a great chrome cleaner.

Here are a couple of recipes:

Glass Cleaner

- 1 gallon water
- 1/2 cup white vinegar
- 1/2 teaspoon liquid dishwashing detergent

Furniture polish

- 1 cup vegetable or olive oil
- 1/2 cup lemon juice —adapted from “Homemade cleaners: How to make all-natural green cleaners,” by Sara Noel, on the Sideroad Web site

On failure

If at first you don't succeed, destroy all evidence that you tried.

— *Anonymous*

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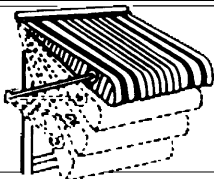
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Carol Zapiecki, Clearwater, FL



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SUMMER

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2	7	8	1	4	6	3	5	9



11 ★ 7

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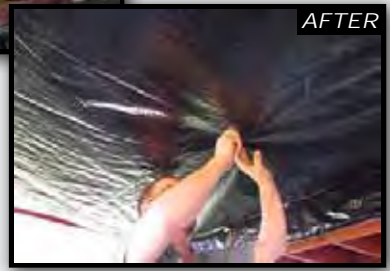
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-Monthly Media Staff



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Oh, my aching neck...



The neck is a pretty common place to experience pain. That's because your neck is the most mobile part of the spine — so injuries and painful conditions are more likely to occur there. If you are suffering from neck pain, you should see a health professional about it.

To prevent neck pain and injury, follow these tips:

- Maintain proper posture. Use a chair that is appropriate, stable and the right height. Use a table that is also the right height to avoid neck strain. Change your position periodically, so that exhaustion and pain will not occur. Avoid twisting your neck suddenly. When you are standing, maintain a relaxed neck, with your head upright and your chin retracted. You'll also want to get the right size pillow. A pillow should support your neck in a balanced position.
- Exercise your neck regularly to maintain and improve flexibility. Take a break from whatever you do during the day, about every half hour. Stretch your neck in different directions by looking up, down, to the right and to the left. Another good way to exercise this area is to raise and squeeze your shoulders together and then relax. Repeat this a few times.

— adapted from the Elderly Health Services Web site

Could I have my dressing on the side, please?

Trying to live a healthy lifestyle takes some practice— especially when it comes to eating a better diet. If you are trying to count calories or limit your fat intake, here are a few pointers for dining in or out:

- Watch the sauce. Pay attention to the amount of salad dressings or other sauces you use. Order condiments on the side and add small amounts at a time so that you are in control.
- Hold the mayo. Instead, use spices, herbs and mustards for taste.
- Get steamed. Make or order foods that are baked, grilled, poached or steamed, rather than fried.
- Make it veggie. Dishes that contain lots of veggies or fruits are usually lower in calories and fat.
- Get a doggie bag first. Before you dig in, scrape some of that mega-portion into a doggie bag.
- Mix it up. One of the healthiest ways to eat is to



include variety, moderation and balance. — adapted from the National Restaurant Association Web site

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