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# LAKE HAVEN



## HAPPENINGS

Manager:  
Cindy Myers N



### June • 2026

Issue 4  
50<sup>th</sup> Year

Jean of Eldorado Village  
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## Lake Haven Social Club Events

The month of June brings a hot and mild community. Things have slowed down. The Hobby Ladies continue to meet during the summer to work on their good to see in November. Park 1 has a potluck the first Saturday of the month at 5:30pm. I got it will continue on each 3rd Friday. Bring your \$15 and have a great time. It takes about an hour and you could win some money. Bingo is only the 3rd Thursday of the month. Come and play bingo for 50 cents a card and the opportunity to win a few dollars. We will have game night in Clubhouse 2 which will be the game of Clue. Please come and join us for a fun night with your neighbors.

**Social  
CLUB**

## Lake Haven Social Club Activities

June 2026

If you have any ideas or want to sponsor an event then please contact one of the Social Club representatives:

Lei Crance #79

Jimmy Vandertulip #293

Nancy Kawasaki #478



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# Lake Haven HOA

President: Bobby Kawasaki

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**T**HANK YOU... to all the residents who came out to attend our first monthly meeting held in the evening on April 22, 2026. As we move forward we will continue to alternate between morning and evening meetings each month. The next evening meeting will be held on **June 24<sup>th</sup>, 6:30 pm, at Clubhouse 2.**

## Capital Expenditure Updates

### 2025 Carryover

Park 1 Pool Heater install has still not started. Park Management is actively working with the Department of Health to approve the engineers' drawings. An install date is still To Be Determined.

### 2026 Active

The next Capital Expenditure project on the docket for 2026 is replacement of the fountain at the large pond between Parks 2 and 3. Park Management is scheduling the work with the contractor this summer so the work can begin in October. The duration of the project is To Be Determined.

## Florida State Legislature – CALL TO ACTION

SB 594: Local Housing Assistance Plans – The bill is still pending approval and signature from Governor DeSantis. The bill will allow counties to expend certain funds, already available to traditional homeowners, for lot rent assistance.

If you have not done so already, it is not too late to send Governor DeSantis an email - **Subject: Sign SB 594 “Local Housing Assistance Bill”**. Go to: [flgov.com](http://flgov.com) and go down to “Contact Governor Ron DeSantis”.

As of May 11, 2026, Governor DeSantis has signed 72 of the 237 bills passed by lawmakers during the 2026 legislative session. We need SB 594 to become law!

## Lake Haven H.E.L.P. – Health Equipment Lending Program

**I**n case you missed the announcement last month, we have formalized a program to make Health/Medical Equipment available to residents as needed.

Please contact **Jimmy VanDerTulip - Lot 293** or **Grace McDonald - Lot 240** if you have a need to borrow a piece of health/medical equipment. We currently have canes, potty chairs, shower chairs, wheelchairs, and walkers in our inventory.



## Lake Haven Hot Topics

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### Towing Service Information

The towing service was engaged by ELS/Park Management to enforce parking compliance (on the streets overnight and at the amenities). They do NOT have any plans to cancel the service.

- The Lake Haven Homeowners Association was NEVER involved or part of the decision to engage the towing service.
- Florida House Bill HB 179 became law effective July 1, 2024, allowing Florida towing companies to charge a lien release fee of up to \$250. This is the reason some residents recall the towing fees being almost half of what they are currently.

Here are the rates that the towing service currently charges:

\$147.00 for the hook up

\$250.00 State administered lien release fee.

\$5.00/mile transport fee (not to exceed 10 miles).

This website has the maximum rates that a towing company can charge in Pinellas County:

<https://pinellas.gov/maximum-non-consent-towing-rates/>

## Lake Haven Homeowners Association Response

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- Requested that the towing service be paused or cancelled. - This request was denied.
- Requested that the towing service stage their vehicles at the Park Office and NOT at any of the amenities in the community. - Towing Service Management has agreed to do this.
- Requested that signs be posted at the amenities to warn residents they are subject to being towed unless a pass is displayed. - To Be Determined.
- The Lot Rent Negotiation Team was responsible for procuring a set of parking passes that are available to residents if they need to park at one of the amenities overnight, and the office is closed. You can get a parking pass from Cheryl Mathews - Lot 118, Grace McDonald - Lot 240, and Bobby Kawasaki Lot 478 / phone/text (331) 999-4198 - Passes are available TODAY.
- Lake Haven Rd is a public street, and parking is permitted anytime in the designated spots. Do not block mailboxes if you must park on Lake Haven Rd.





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# Be A “Good Neighbor”

We all contribute to maintaining a high quality of life in our community.

## Pool & Shared Amenities

As pool use increases during the Florida heat, this is a friendly reminder about using our shared community amenities respectfully.

**Smoking:** Smoking and vaping are prohibited on the pool deck. If you choose to smoke, please step outside the pool area and dispose of all debris in the proper receptacles.

**Music:** Please keep your music at a reasonable volume so it does not disturb others who come to the pool to relax.

**Cleanliness:** Please leave shared amenities better than you found them. Discard all trash, and make sure umbrellas are closed and tied securely when you are finished.

Everyone enjoys the pool differently, so please be respectful and treat others as you would like to be treated.

## Speeding

The streets in Lake Haven are narrow, and we are one of the few communities that welcome pets. Please slow down and observe all stop signs. It only takes a moment for something to go wrong, and the few seconds saved by speeding or rolling through a stop sign are not worth the risk. This applies to all vehicles in our community.



## Pet Etiquette

**Waste:** Please pick up after your pets immediately. Thank you for helping keep our green spaces clean and sanitary. There are five waste stations throughout the community with bags and disposal bins for pet waste.

**Leashes:** For the safety of neighbors and animals, pets must remain on a leash at all times in common areas.



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## Monthly

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**Adopt a Cat Month.** Your local shelter has tons of cute, cuddly newborn kittens, mellow older cats, and everything in between. Shelter staffers are ready to help you adopt your very first cat or bring home a friend for another beloved cat.

**National Dairy Month.** Start the summer with nutrient-rich dairy foods. From calcium to potassium, dairy products such as milk contain essential nutrients that can help you manage your weight and reduce your risk for high blood pressure, osteoporosis, and other health problems.

**National Zoo and Aquarium Month.** June is an excellent time to explore your local zoo and aquarium as well as the websites of America's great zoos and aquariums. Many of them have excellent educational resources—photographs, videos, facts, lesson plans, activities, and sounds so real you'll think you're there.

**PTSD Awareness Month.** The purpose of PTSD Awareness Month is to raise public awareness of PTSD and effective treatments and help all those affected by PTSD. Mental health experts aren't sure why some people develop PTSD and others don't, but if stress reactions don't improve over time and disrupt everyday life, seeking help to determine whether PTSD is present is important.



## Weekly

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**National Automotive Service Professionals Week, June 8-14.** A weeklong celebration to honor the commitment and dedication of the automotive, truck, collision specialists and parts specialists who keep our vehicles running safely.

**Men's Health Week, June 15-21.** The purpose of Men's Health Week is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. This week gives health care providers, public policy makers, members of the news media, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury.

**National Nursing Assistant Week, June 11-17.** Nursing assistants work in hospitals and nursing homes performing everyday living tasks for the elderly, chronically ill, or rehabilitation patients who cannot care for themselves. This week is set aside to recognize the nursing assistants who dedicate their lives to the well-being of others.

**National Mosquito Control Awareness week, June 20-26.** During "Mosquito Week," the American Mosquito Control Association's goal is to educate the public about the significance of mosquitoes in their daily lives and the important service provided by mosquito control workers throughout the United States and worldwide.



## Flying in the face of disaster

In the 1980s and early '90s, Continental Airlines was a disaster. The organization had gone bankrupt twice and was on its way to a third (and final) catastrophe. It had gone through 10 presidents in 10 years, and employees mistrusted management.

Then in 1994 Gordon Bethune stepped in. Instead of running around willy-nilly trying to stamp out the various raging fires, Bethune took a step back to return to the basics. He identified Continental's key goals so that employees' efforts would be concentrated on them rather than diffused by the disaster of the moment. One of his areas of focus was creating a corporate culture. Without the commitment of the employees, the other goals would be impossible.

Drawing on the organization's history of excellence in service, he rallied the workforce. Bethune discovered that the employees weren't bad—they just worked in a dysfunctional organization. So they were quick to get behind his new leadership.

Senior management was a different story. Bethune knew he had to make wholesale changes, and that meant getting rid of the bureaucracy. In a couple of months, Bethune and his top executives replaced 50 of the company's 61 officers with 20 top-notch people.

The changes were dramatic. In one year's time, Continental went from being ranked the worst in customer satisfaction among major airlines to first.

## The birth of 'excellence'

Tom Peters didn't exactly give birth to excellence, but he did establish the idea that companies can achieve excellence under the inspiration of a management guru—like himself.

It all began in the spring of 1978. John Larson of McKinsey's San Francisco office was set to give a presentation to a client. But his computer crashed and took with it his notes. He turned to another consultant, Tom Peters, to throw together a presentation that would satisfy the client.

Peters had just returned from traveling the world to compile research on best practices in business. Up until then, his research had been collecting dust after he had presented it to the McKinsey powers that be. With an opportunity to present his findings again, Peters gathered his data. In search of a sexy title to give his presentation, Peters came up with "Excellence." It was a hit.

Eventually, Peters edited the material into a manuscript. Continuing with the idea of excellence, he titled the book *The Secrets of Excellence*. But the title didn't fly with the McKinsey folks, who feared that clients would think the company was selling the secrets of client operations. In 1982, Peters and co-author Robert Waterman renamed it the more politically astute *In Search of Excellence*. And thus was excellence born.



## The cost of a wedding? Priceless

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June is a traditional month for weddings, and for some brides and grooms, the sky's the limit. The Knot website tracks wedding costs, and its most recent findings give a snapshot into the state of the wedding industry today:

- Average wedding cost: \$35,329 (excludes honeymoon; up from \$32,641 in 2015)
- Most expensive wedding city: Manhattan, \$78,464 (average)
- Least expensive: Arkansas, \$19,522 (average)
- Average cost of a wedding dress: \$1,564
- Average age: bride, 29; groom, 31
- Average number of guests: 141
- Average number of bridesmaids: 5
- Average number of groomsmen: 5
- Most popular month to get engaged: December (15 percent)
- Average length of engagement: 15 months
- Most popular wedding month: October (16 percent) and September (16 percent)
- Most popular wedding colors: dark blue (29 percent), gold (28 percent), and light pink (28 percent)
- Percentage of destination weddings: 20



## What millennials want when dining out

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Millennials are driving more and more of the economy, especially with their food and dining choices. Y-Pulse, a youth marketing and millennial research firm, looked at some of the restaurant trends being pushed by people 18-34 years old, and here's some of what it found:

According to the survey, 71 percent of millennials love to attend food-focused events, and 81 percent enjoy exploring new cultures through food. Memorable dining experiences are also important, with 48 percent saying they seek out new restaurants with famous chefs and 69 percent enjoying eating establishments with chefs' tasting menus.

On the other hand, 61 percent say they wish they could find more restaurant offerings that remind them of their grandmothers' cooking, and 69 percent are looking for food that reminds them of their childhood.

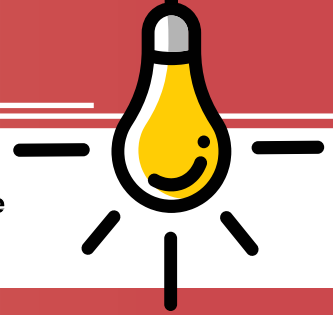
## Quote

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Mathematics, rightly viewed, possesses not only truth, but supreme beauty—a beauty cold and austere, like that of sculpture, without appeal to any part of our weaker nature, without the gorgeous trappings of painting or music, yet sublimely pure, and capable of a stern perfection such as only the greatest art can show.

—Bertrand Russell

# Did You Know?



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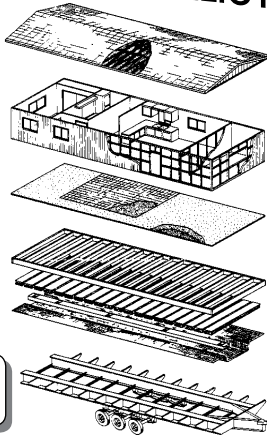
# JUNE • 2026

Sunday	Monday	Tuesday
	1	CH1 L 9am
7	8	CH1 L 9am
14	15	CH1 L 9am
21	22	CH1 L 9am CH2 A Food B
28	29	CH1 L 9am

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First Day of Summer  
Father's Day

# Lake Haven

Tuesday	Wednesday	Thursday	Friday	Saturday																																										
2 adies Hobby	3	4	5	6 CH1 Potluck 5:30pm																																										
9 adies Hobby	10	11	12 CH1 I Got It 7pm	13																																										
16 adies Hobby	17	18 CH1 Bingo 7pm	19	20																																										
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# JUNE CROSSWORD



## ACROSS

1. Bother
5. Start
10. Not us
14. Decorative case
15. Sporting venue
16. Part portrayed
17. Passing from place to place
19. Celtic language
20. Mesh
21. Metric unit of length
22. Beginning
23. Vibrating effect
25. Avoid
27. Hog's home
28. Cow milkers
31. Master of ceremonies
34. Not solids nor liquids
35. Anger
36. Nonclerical
37. Reveals
38. Make a sweater
39. 54 in Roman numerals
40. Satisfies
41. Chomps
42. Slandered
44. Encountered
45. Reluctant
46. In a constricted manner
50. Decree
52. Drama set to classical music
54. Hasten
55. Fluid escape
56. Warranties
58. Ruination
59. Utilizing
60. Desire
61. Formerly (archaic)
62. On edge
63. Stinging insects

## DOWN

1. False move
2. Absolute
3. Hotel apartment
4. Transgression
5. Scarcely
6. Muse of poetry
7. Heredity unit
8. Becomes larger
9. No
10. Voguish
11. Wild bergamot
12. Otherwise
13. Encounter
18. Overact
22. Paddles
24. Millisecond
26. Contends
28. Took a chance
29. One of the Great Lakes
30. Trawling equipment
31. L L L L
32. Cripple
33. Non-military people
34. Castle entrance
37. Thai currency
38. Friends and acquaintances
40. "Go away!"
41. Started
43. Missile
44. Illusion
46. Sea swallows
47. Thither
48. Feudal lord
49. Affirmatives
50. River to the North Sea
51. Darling
53. Hurt
56. Destroy the interior of
57. Vat



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# June Word Search



above  
already  
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right  
senate

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siren  
stalk  
sweet  
tower  
tribe  
water

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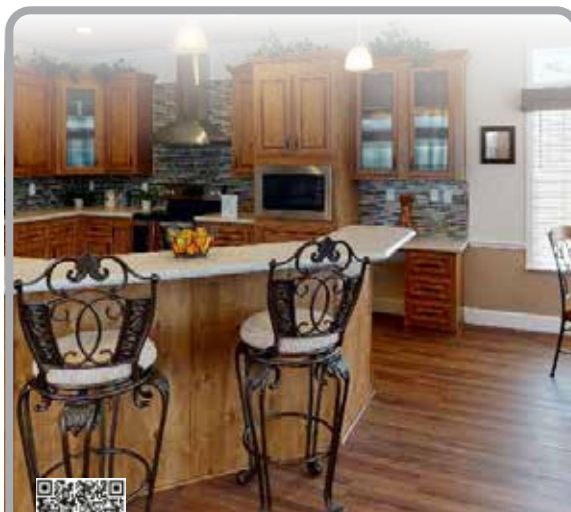
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## Mix these ingredients for cultural creativity

---

**D**o you want to nurture a culture of creativity in your organization? Try to build in these essential ingredients:

- **Curiosity.** Ask people questions that challenge the conventional wisdom. Encourage them to stretch boundaries and take chances on new opportunities.
- **Emotion.** People who love what they do are better at generating new ideas about their work. Hire and support people who show a real enthusiasm for your organization and its mission.
- **Tolerance.** People won't suggest ideas if they're afraid of being punished for failure. Encourage risk taking by showing forgiveness when things don't work out, as long as people are giving their best efforts.
- **Direction.** A clear sense of what you want to achieve will help people focus their ideas. Have a concrete mission statement that tells everyone what you're trying to do, why it's important, and how it will benefit everyone.



## What do the instructions say? Creativity expert

---

**Y**oram Solomon often conducts workshops that teach people to approach problems with an open mind. In one exercise (recounted on the Inc. magazine website), he asks participants to build a structure out of a sheet of paper. Some cut the paper into smaller pieces, although his instructions don't specifically say they can.

Once everyone is finished, Solomon asks, "Did the instructions allow you to cut the paper?" Most believe they've done something wrong. But one person usually pipes up with, "You didn't say we couldn't, either."

"To be creative," Solomon points out, "don't assume restrictions that don't really exist."

## Quote

---

**I**magination is the beginning of creation. You imagine what you desire, you will what you imagine, and at last, you create what you will.

—George Bernard Shaw



## Beware these creativity myths

---

**C**reativity can seem magical and mysterious, but you shouldn't make assumptions that can hold your imagination back. Watch out for these misconceptions that can impede your efforts to find innovative ideas and solutions:

- **The “eureka” moment.** Many people believe that creativity is a sudden flash of insight. More often it's the result of research and persistence, immersing yourself in a subject, and then building on what you learn.
- **Inborn creativity.** You aren't necessarily born with the ability—or inability—to think creatively. You can learn the knack by asking questions, looking at things in new ways, and challenging the status quo.
- **Uniqueness.** Good ideas don't always spring from something new. Often the best ideas and solutions come from combining separate elements in different ways.
- **Lone wolves.** The stereotype of the genius working alone in an office or laboratory is misleading at best. Although some mavericks do produce good ideas totally on their own, many of the best ideas and solutions are the result of collaboration by smart, motivated people.
- **Brainstorming.** Brainstorming sessions can produce results if they're focused on a specific issue. If it's just a free-form session of throwing ideas around, chances are you won't generate practical solutions. Keep the discussion centered on the problem you're trying to solve.
- **No limits.** Creativity may seem to thrive on the concept of thinking beyond boundaries. In reality, constraints can force your thinking in the right direction. Try setting some limits to what you want to create—size, budget, deadlines—and see how that helps focus your imagination.

## Quote

---

**C**uriosity about life in all of its aspects, I think, is still the secret of great creative people.

—Leo Burnett



## Try ginger for its health benefits

---

Looking to get over a cold a little more quickly, or ease muscle soreness? A little ginger may help. Check out this list of ginger’s healthy benefits from the Huffington Post website:



- **The common cold.** Some research suggests that ginger helps your body sweat out a cold, as well as producing a germ-fighting agent called dermicidin, which can protect you from bacteria and fungi.
- **Muscle aches.** One study by the American Pain Society found that taking two grams of ginger for 11 days can significantly reduce aches and muscle soreness caused by exercise. That’s because ginger contains anti-inflammatory compounds known as gingerols, which prevent the transmission of pain from inflammation. Try adding a few slices of ginger every time you drink a glass of water.
- **Indigestion.** Ginger can help speed up the digestive process, allowing you to empty your stomach faster. It also helps eliminate excess gas from the intestinal tract.

## Watch out for ‘masked’ hypertension

---

Being diagnosed with high blood pressure may be scary, but thinking your blood pressure is normal when it’s not? Scarier still.

The Live Science website reports that almost one in eight Americans who believe their blood pressure is just fine may really have a masked form of hypertension that doesn’t show up when they visit their doctors. Instead their blood pressure is elevated during their daily activities, so they may be at increased risk of heart disease without realizing it. To diagnose masked hypertension, researchers suggest wearing 12-hour blood pressure monitors that take readings through the day.

The flip side of this phenomenon is so-called “white-coat hypertension,” in which patients’ blood pressure increases at the doctor’s office (possibly from nervousness?) but is normal the rest of the time. Unlike masked hypertension, these people don’t appear to be at a higher risk of heart disease.

## Quote

---

Health is the natural condition. When sickness occurs, it is a sign that nature has gone off course because of a physical or mental imbalance. The road to health for everyone is through moderation, harmony, and a “sound mind in a sound body.”

—Jostein Gaarder



## Cleaner air = longer life

Take a deep breath. Lots of them. You'll be breathing longer these days, thanks to improved air quality. Researchers at Brigham Young University and the Harvard School of Public Health, writing in the *New England Journal of Medicine*, say that since the introduction of the Clean Air Act in 1978, Americans' life expectancy has increased by 2.72 years. Although changes in smoking habits and better socioeconomic living conditions are a major factor in our increased longevity, the scientists note that as much as five weeks of our lengthened lifespans are due to better air because of cuts in auto emissions, steel mills, diesel engines, and coal-fired power plants.

## Exercise may improve cognitive functions in stroke patients

Exercise is essential to good health for everyone. Now a recent study suggests that an exercise routine can have positive mental health benefits for stroke survivors.



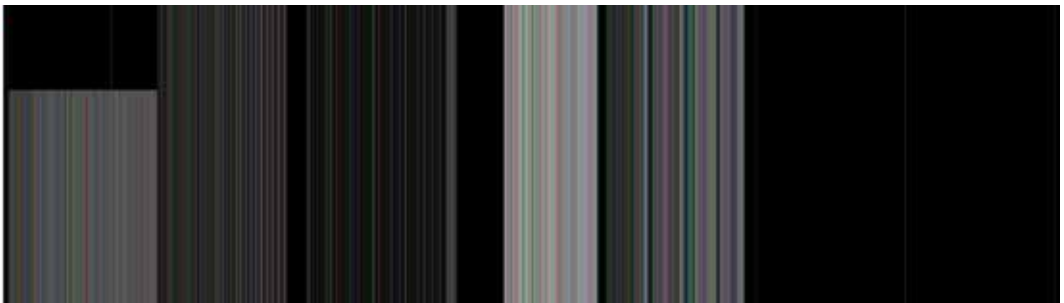
A stroke cuts off the flow of blood to the brain, and frequently leaves survivors with physical and mental impairments. An analysis of 13 clinical trials at the University of Pittsburgh appears to indicate that moderate aerobic exercise along with strength and balance training is effective at helping survivors regain such cognitive skills as attention and processing speed. Exercise programs of four to 12 weeks can be beneficial, even long after a stroke occurs.

The most effective programs emphasized strength, balance, stretching, and aerobic fitness that increases your heart rate just enough to make patients sweat. Instead of an intense workout, walking on a treadmill or riding a recumbent bike appears to have a positive impact—important news for anyone dealing with the aftermath of a stroke.

## Quote

A sad soul can kill you quicker than a germ.

—John Steinbeck



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-Monthly Media Staff

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