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# CROSSWINDS

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# February • 2026

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Issue 12  
49<sup>th</sup> Year



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# Crosswinds Mobile Home Park

## Crosswinds Park Homeowners Association Inc Board Members 2024-2026 Amended 02/02/2025

		TERM ENDS	
Kim DiMauro		2026	<b>President</b>
Beverly Moody	Lot #426	2026	<b>Treasurer</b>
678-863-6227	bmoody1218@gmail.com		
Daniel O'Neill	Lot #8A	2026	<b>VP</b>
813-992-6765	doneill03@gmail.com		
Terri Browning		2026	<b>Secretary</b>
Bob Taylor	Lot#947	2026	<b>Sargent At Arms</b>
813-279-4826	jenniejean@hotmail.com		
George Courtney	Lot #137	2026	<b>Member At Large</b>
727-767-0510	georgecourtney@sympatico.ca		
705-522-8728 (Canada)			
Debbie Taylor	Lot # 237	2026	<b>Member At Large</b>
781-801-8642			

**Crosswinds Editor**..... Beverly Moody  
**HOA Facebook page** .... Crosswinds HOA St. Petersburg, FL  
**Email Address**..... CrosswindsHOAStPete@gmail.com

**Emergency Numbers**  
 Maintenance Emergency..... 904-257-4624 After Hours  
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 Emergency ..... 911



## Notes

Jennifer Luck .....419-913-9927 .....lot 545 ..... Water Exercise

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## Dear Crosswinds Friends,

---

**T**hank you to those of you who attended the RCA Annual Meeting on 1/17 and for participating in the election of the Board. We truly take the positions you entrusted us with seriously and plan to work hard to make this an even better place to live. We will work to plan engaging activities as well as advocate for our community with the management company.

Our RCA 2026 membership drive has officially started. Please fill out the enclosed form and return it to lots 8A, 426, 523 or 648. You can also bring it to any one of our events. Why is your membership important? First and foremost, it shows your commitment to the community. Second, your \$15 yearly dues covers the cost of supplies and helps cover some of the event expenses. Third, it will allow you to receive discounts when registering for upcoming events.

If you have any thoughts or suggestions please don't hesitate to reach out. We are here to help.

Sincerely yours,  
Kim DiMauro President  
Dan O'Neill VP  
Terri Browning Secretary  
Beverly Moody Treasur





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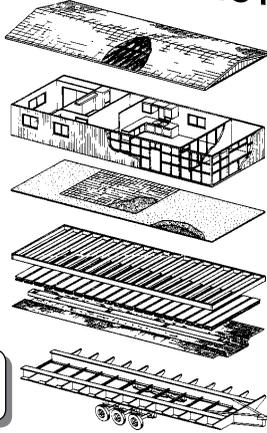
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## Monthly

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**African American History Month.** An annual observance to recognize and commemorate African American culture, African American History Month (or Black History Month) is celebrated annually in the United States and Canada in February, and in the United Kingdom in October.

**Dog Training Education Month.** Every day of the month, perform one training activity with your dog: jumping, herding, racing, etc. By the end of the month, you'll notice an improvement in your dog's temperament, and you'll share a closer bond.

**National Haiku Writing Month.** Write one haiku a day throughout February—the shortest month for the world's shortest genre of poetry. Don't think writing a good haiku is easy, though. As French philosopher and literary theorist Roland Barthes once observed, "Haiku has this rather fantasmagorical property: That we always suppose we ourselves can write such things easily."

**Teen Dating Violence Awareness Month.** A national effort to raise awareness about abuse in teen and 20-something relationships and promote programs that prevent it. One in three teens in the United States will experience physical, sexual, or emotional abuse by a partner in a relationship before they become adults. Spread awareness, and stop dating abuse before it starts.



## Weekly

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**Burn Awareness Week, Feb. 1-7.** Observed the first full week in February, Burn Awareness Week is intended to provide an opportunity for burn, fire, and life safety educators to share the message of burn awareness and prevention in communities around the nation.

**National School Counseling Week, Feb. 1-5.** This year's theme, "School Counseling: Helping Students Realize Their Potential," will focus public attention on the unique contribution of school counselors and highlight the tremendous impact they can have in helping students achieve school success and plan for a career.

**Children of Alcoholics Week, Feb. 8-14.** A campaign led by the National Association for Children of Alcoholics (NACOA) to raise awareness of children affected by parental alcohol problems. Children of Alcoholics Week is celebrated internationally each year during the week in which Valentine's Day falls.

**National Invasive Species Awareness Week, Feb. 23-27.** Raise awareness and identify solutions to invasive species issues at local, state, tribal, regional, international, and national levels. Participating organizations include the Association of Fish and Wildlife Agencies, the Environmental Law Institute, and the Nature Conservancy.



## Meeting of minds

---

The famous movie actor/director Charlie Chaplin once met the world-renowned physicist Albert Einstein at a public event. According to the Storypick website, Einstein told the comedian: “What I most admire about your art is your universality. You don’t say a word, yet the world understands you.”

To which Chaplin replied, “True. But your glory is even greater. The whole world admires you, even though they don’t understand a word of what you say.”

## Mistaken identity

---

Even Queen Elizabeth II sometimes goes unrecognized. A story from the Hello magazine website tells of a time when the queen’s car drove up to the Royal Windsor Horse Show in 1991. A guard walked up and told her, “Sorry, love, you can’t come in without a sticker.”

Unfazed, her majesty answered, “I think if you check, I will be allowed to come in.”

He did, and she was. The guard admitted later that he’d thought the queen was just “some old dear” who was lost.

## Penalty box

---

Gordie Howe was one of the greatest hockey players of all time. One night his team, the Detroit Red Wings, was playing the Toronto Maple Leafs at Maple Leaf Gardens. Howe believed one referee was favoring the home team, so he skated over and asked, “Hey, refer, what would you do if I called you a homer?” (a sports official who makes obvious calls for the home team.)

“I’d have to give you two minutes in the penalty box,” the ref replied.

“What would you do if I only thought you were a homer?”

“I couldn’t do anything. Your thoughts are your own.”

“Good, because I think you’re a ----ing homer!”

And yes, Howe got two minutes in the penalty box.

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## Help out friends when they're sick

---

**A** friend is sick. Sending a get-well card is nice, but for a serious illness, it's not enough. What can you do to really help? Try some of these thoughtful gestures:

- Text when you're at the store: "Can I pick up anything for you?"
- Plan a lunch date.
- Offer to run their errands.
- Help out around the house, cleaning up or doing laundry.
- Offer to drive to doctors' appointments, the store, or anywhere else they need to go.

## Get up and work out

---

**T**he alarm rings. Do you leap out of bed to head for the gym? Or hit snooze and tell yourself you'll work out tomorrow? Motivating yourself to get up and start exercising can be tough. If you give in to temptation to skip the health club more than you'd like, try these tips to get moving:

- Watch what you eat before bedtime. A heavy snack right before you hit the mattress will make you feel lethargic in the morning. Stick to fruit, vegetables, and lean, protein-rich foods, and don't eat anything for at least 90 minutes before you go to bed.
- Go to bed early. You'll wake up feeling refreshed and ready to work out if you get enough sleep—seven to eight hours. Limit your TV, computer, and cellphone use before bedtime so you can get to sleep easier.
- Look forward to something. Don't think of exercise as drudgery. Find something you enjoy about it so you wake up excited about hitting the gym, or give yourself a reward for working out once you're finished.
- Find a workout buddy. Exercising alone can be boring. Ask around your neighborhood, workplace, or health club and find someone who works out on the same schedule you do. When you know you've got someone waiting for you, you'll be more motivated to show up.

## Quotes:

---

Health is the natural condition. When sickness occurs, it is a sign that nature has gone off course because of a physical or mental imbalance.

—Jostein Gaarder

Health is more than the absence of disease. Health is about jobs and employment, education, the environment, and all of those things that go into making us healthy.

—Joycelyn Elders

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Sunday	Monday	Tu
1 Dorothy Gagne's Going Away Party 6:00pm	2 Water Aerobics 10:00am Cribbage and Euchre 7:00pm  <i>Groundhog Day</i>	
8 The Big Game Party 6:30	9 Water Aerobics 10:00am Cribbage and Euchre 7:00pm	
15	16 Water Aerobics 10:00am Cribbage and Euchre 7:00pm  <i>President's Day</i>	Ma
22 Sunday Brunch 11:00am	23 Water Aerobics 10:00am Cribbage and Euchre 7:00pm	

# Crosswinds

Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 Water Aerobics 10:00am	7
10	11	12 <i>Lincoln's Birthday</i>	13 Water Aerobics 10:00am White Sands Food Pantry 10:30 RCA Executive Board Meeting	14 Scenes from an Italian Restaurant 6:30pm  <i>Valentine's Day</i>
17 <i>St. Patrick's Day</i>	18 <i>Ash Wednesday</i>	19	20 Water Aerobics 10:00am	21
24	25 Book Club 7:00pm	26	27 Water Aerobics 10:00am Good Neighbor Food Pantry 1:00pm	28

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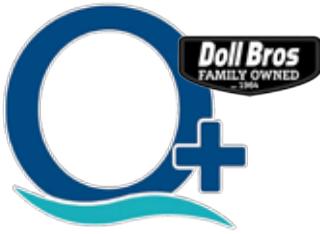


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bats  
balls  
blaze  
blown  
colorful  
dekes

field  
fight  
fuzzy  
ground  
lease  
master  
medium

music  
newt  
opera  
outside  
parges  
plane  
poet

practical  
raffle  
service  
singer  
sinus  
sleepy  
small

snare  
social  
story  
sunny  
suspicious  
travel  
wonder



## A little praise

---

**A**s a speechwriter for presidents Ronald Reagan and George H.W. Bush, Peggy Noonan introduced such phrases as “a thousand points of light” into the vernacular. But she derived her greatest personal satisfaction from a simple note of praise.

As recounted in her book, *What I Saw at the Revolution* (Ivy Books), four months into her job as Reagan’s speechwriter, Noonan had yet to meet the boss. Then he returned the draft of one of her speeches bearing the hand-scrawled words “Very Good.”

Noonan was overjoyed—so overjoyed that she cut out the note, taped it to her blouse, and walked the halls beaming with the pride of a schoolgirl who’d suddenly discovered she was teacher’s pet.

## Handling the press

---

**R**ock star David Bowie knew how to charm reporters. According to the Digital Spy website, when a magazine ran a series on some of the journalists who’d interviewed him over the years, they discovered that he’d played the same trick on them over and over again:

Bowie would schedule a 45-minute interview. When his aide came in to show the reporter out, he’d say, “Look, I know we’re on a schedule, but we’re having such fun here, could we do an extra 15 minutes?” Every journalist felt flattered by the attention, which usually resulted in a positive review of whatever album Bowie was publicizing. Only years later did they realize that he’d scheduled them for a full hour all along.

## Quotes:

---

**W**e are storytelling animals and cannot bear to acknowledge the ordinariness of our daily lives.  
—Stephen Jay Gould

Storytelling reveals meaning without committing the error of defining it.  
—Hannah Arendt

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## Your family's medical history may be key to a longer life

**F**itness and a good diet are important to staying healthy and living longer, but scientists say our genetic traits and inheritance also determine health and longevity. By keeping track of your family's medical history, you and your doctor may be able to detect diseases you're likely to develop before they get the best of you. Here's what to learn:

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- Mother
- Father
- Siblings
- Aunts
- Uncles



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- Causes of death
- Diseases and disorders, such as visual impairment, glaucoma, hearing impairment, obesity, diabetes, high blood pressure, coronary heart disease, cancers, depression, muscular dystrophy, Tay-Sachs disease, hypothyroidism, Down syndrome, etc.
- Habits, such as smoking, diet, alcohol or drug use, exercise, and fitness.

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## Listen to the advice of these millionaires

**T**o manage your money wisely, good advice is imperative. Listen to these words of wisdom from millionaires around the world:

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- Dave Ramsey, entrepreneur and radio host: "Financial peace isn't the acquisition of stuff. It's learning to live on less than you make, so you can give money back and have money to invest."





## Daydreaming can be good for you

---

**D**aydreams aren't necessarily a waste of time. We daydream for different reasons, but it can have a positive affect on your life and career. Consider these facts about daydreaming from the LiveScience website:

- Daydreaming can be controlled—up to a point. Most people daydream intentionally because they're bored or working on something simple. When tasks require more concentration, drifting off is less frequent, but still happens.
- Blinking is a clue. Wonder if someone is daydreaming while you're talking? Look closely at their eyes. Studies show that people blink more often and more rapidly when they daydream.
- Daydreaming can help with problem solving. Let your mind wander when you're working on a tough problem. Scientists have observed that the areas of the brain involved in problem solving turn more active when we daydream.

## These thoughtful habits can spark your imagination

---

**E**ven if you don't think of yourself as the creative type, you can always amp your imagination up with a little effort. Keep this advice in mind when you're searching for an original idea or an innovative solution:

- **Meditate.** Spend some time each day visualizing something pleasant and peaceful. It doesn't have to relate to anything you're working on—just picture a lake, a forest, or even a loved one. You'll relax your brain and body while creating a mental environment that attracts fresh thinking.
- **Pretend.** Look at ordinary objects around you and pretend they're something different. Your pen is a magic wand, for example, or a pair of scissors is a spaceship. Explore the premise, and you'll teach your mind to look at everything a little differently.
- **Try something new.** Break out of your routine on a regular basis. Read a book on a subject you're unfamiliar with, try a new sport, talk to someone you don't know well. Different experiences can help loosen up stiff ways of thinking about things.
- **Commit some art.** Try sketching a picture or writing a poem. It doesn't have to be a masterpiece. Just give yourself mind and body space to roam in a fresh direction. You may see and hear the world differently later.

## Quotes:

---

**E**very child is an artist; the problem is staying an artist when you grow up.

—Pablo Picasso

It is better to fail in originality than to succeed in imitation.

—Herman Melville

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<p>FURNITURE, good clean, pre-owned. Top dollar paid. Charles, 727-657-7021</p>	<p>Rummage Sale 2/28, Westwind MHP 1&amp;2. 3301 Alt 19 Dunedin, 8-1</p>	<div data-bbox="940 243 1263 357" style="text-align: right;"> <p>March Events </p> </div> <p>White Elephant/Bake Sale. Saturday March 7, 2026 8:00AM - 1:00PM. Lake Highlander Park: 1500 County Road #1, Dunedin, FL. Small appliances, furniture, lamps, linens, jewelry, household appliances, tools, outdoor furniture, miscellaneous items, baked goods, snack bar</p> <p>Palm Hill Country Club Annual Bazaar, Saturday March 7th. 8am - 1pm. 1800 Seminole Blvd. Largo</p>
<p>STAMP COLLECTIONS - wanted to buy. Price depends on quality and quantity. Highest prices paid. Call 709-682-9499</p>	<p>Community Flea Market, 2000 East Bay Drive, Largo. Sat. Feb 28. 8 to 12. Bikes, Furniture, Small Appliances, Golf &amp; Household Items, Apparel, Baked Goods</p>	
<p><b>ARTICLES FOR SALE</b></p>	<p>DORAL VILLAGE YARD SALE BAZAAR, Saturday, February 28th, 8am-1pm, 29250 US Hwy 19 N, Clearwater. Furniture, Clothing, Linens, Books, Electronics, Glassware, Jewelry, Kitchen Items, Baked Goods, Lunch, and Great Raffles and Prizes!</p>	<p>Rummage Sale, Unitarian Universalists of Clearwater, 2470 Nursery Rd, Clearwater, Saturday March 7, 8am-2pm. Kitchen ware, home decor, books, clothing/accessories, linens and more</p>
<p>For Sale: 1929 Model A Roadster Original. 727-588-0950 C: 727-560-6140</p>	<p>NEW 3 Wheel Bike. \$250.00. 727-412-8905</p>	
<p>NEW 3 Wheel Bike. \$250.00. 727-412-8905</p>	<p><b>EVENTS &amp; PROGRAMS</b></p>	<p>Crafters Wanted March 21st at Palm Hill Country Club. 401 8th Ave, Largo, 8am - 1pm. Contact Tom Sagitas at 727-315-4369. \$20 per table.</p>
<p><b>EVENTS &amp; PROGRAMS</b></p>	<p>ANNUAL RANCHERO VILLAGE CARPORT SALE. Ranchero Village, 7100 Ulmerton Road, Largo, will be hosting their annual carport sale on Saturday, February 7, 2026 from 8 AM to 8 PM. A wide variety of items will be for sale throughout the park!</p>	
<p>Embassy Mobile Park, Inc. Rummage Sale, Saturday, February 7th, 9:00 a.m. to 2:00 p.m., in the clubhouse on 4th Street. 16416 US Highway 19 N., Clearwater - Largo area. Off East Bay just West of Tri-City Plaza; come in by Wendy's onto Pine Forest Drive.</p>	<div data-bbox="481 662 857 743" style="text-align: center;">  </div> <div data-bbox="483 755 853 1136" style="border: 1px solid black; padding: 10px;"> <p style="text-align: center;"><b>ATTENTION RESIDENTS!</b></p> <p>Did you know this Emporium/Classified listing reaches over 21,500 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other things. Remember to think about this the next time you're planning something.</p> <p style="text-align: center;">-Monthly Media Staff</p> </div>	<p>Paradise Island Annual Flea Market, March 28th 9am-2pm. 1001 Starkey Rd. Largo. 8am early entrance \$1.00. Large selection of home goods, tools, furniture, linens, clothes, bake sale and more. Follow signs for Clubhouse.</p>
<p>Clearwater Cascade park-wide yard sale. Saturday, February 21, 8:00am - 2:00pm. 9790 66th Street N, Pinellas Park</p>	<p>Blue Jay Estates - Annual Community Rummage Sale. Friday and Saturday, February 27 and 28, 2026. 8am - 1pm. Bake Sale and Lunch available both days. In clubhouse and deck. 2755 Curlew Road, Palm Harbor, FL 34684</p>	



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-Monthly Media Staff



## MARCH AD DEADLINE - FEBRUARY 10, 2026

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- Father
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## Eating healthy: The choices we make

More Americans are trying to make healthier choices about the food they buy and eat these days. A study of 2,000 consumers by health food manufacturer Earth Balance looked at the foods we're buying and why we choose them. Here's a look at the top "better for you" selections:

- **Dairy products:** 29 percent
- **Alternative oils and fats (such as avocado, sunflower, or coconut oil):** 28 percent
- **Alternative snacks (gluten-free crackers, Greek yogurt, etc.):** 28 percent
- **"Superfoods" (such as chia, quinoa, and acai):** 28 percent
- **Plant-based proteins (lentils, spirulina, and so forth):** 18 percent
- **Wheat flour alternatives:** 12 percent

## How are you spending your days?

You may think you're working out a lot. But as a percentage of your lifespan, it's probably not that much. In fact, a global study by Reebok found that the average human spends less than 1 percent of his or her entire life exercising—0.69 percent to be exact.

The Reebok study is part of the 25,915 Days campaign, which is named for the number of days in the average human lifespan of 71 years. The survey data came from more than 90,000 respondents the United States, United Kingdom, Canada, Germany, France, Mexico, Russia, Korea, and Spain. In terms of days spent on specific activities, here's what Reebok found:

- **Exercise:** 180 days
- **Looking at a tech device:** 10,625 days
- **Sitting down:** 7,709 days
- **Socializing with family and friends:** 1,765 days



## Quotes:

If people do not believe that mathematics is simple, it is only because they do not realize how complicated life is.  
—John Louis von Neumann

The essence of mathematics is not to make simple things complicated, but to make complicated things simple.  
—S. Gudder



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